

10 Steps to Prevent and Eliminate Toxic Mold

A. If you do not have mold -- **PREVENT MOLD**

Diffuse the Thieves blend of essential oils for 15 minutes every 3 hours, or you may instead diffuse for 8 hours, non-stop, once a week.

B. If you have mold -- **Eliminate MOLD AND KEEP IT FROM COMING BACK**

1. **SAMPLING** -- Contact a professional to have sampling done to determine the type of mold, and whether it is toxic or not. Toxic mold must be dealt with differently than non-toxic mold.
2. **DIFFUSE** -- After samples have been collected, then diffuse the Thieves Blend for 24-72 hours, non-stop, in the space(s) where mold was found. One (1) recommended cold-air diffuser works well in spaces up to 1000 sq. ft. in size. If possible, and for best results, leave the room closed and sealed during this intensive diffusing. This will allow maximum penetration and absorption of the essential oil blend.
3. **REPAIR LEAKS** -- Repair all leaks and eliminate all sources of moisture.
4. **CLEAN THOROUGHLY** -- If sampling identifies NO toxic mold, then after diffusing has been completed, clean visible mold and stains with the Thieves Household Cleaner, undiluted. Use protective equipment and take precautions to avoid contact with and breathing mold spores while cleaning.
5. If sampling identifies **TOXIC MOLD**, then contact a professional mold remediation service to have mold infested materials removed and properly disposed.
6. **RESAMPLE** - Have your professional resample to be sure all sources of mold have been identified and remediated.
7. **REPEAT** -- If necessary, repeat steps 1 through 6, above.
8. **REMOVE** -- Remove mold infested materials, seal in plastic and properly dispose. If you do NOT have toxic mold, you may dispose sealed materials in your garbage.
9. **REPAIR, REPLACE, and REFINISH** all affected areas.
10. **DIFFUSE REGULARLY** for prevention and protection. See Item A, above, for details.